

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

This is to certify that
Aidan Hin Long Ho
has successfully completed the
Hong Kong School Aquathlon Championships 2019
on 12 May 2019 at
Hong Kong Sport Institute, Shatin
with performance of

Category: Boys 2002 or before
Position: 2
Swim: 00:03:46
T1: 00:00:30
Run: 00:12:08
Total Time: 00:16:25

香港三項鐵人總會會長
President, Hong Kong Triathlon Association
龐寵貽女士
Ms Genevieve PONG