



**CONGRATULATIONS**

**Lyndon Mason**

**ON FINISHING THE  
Exmouth Sprint Triathlon**

**IN A TIME OF : 01:19:14.2**

**OVERALL FINISH PLACE  
26 of 215**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
**Male 21 of 136 MV40 7 of 40**

**RACE DATE  
19/05/2019**

 **SWIM**  
**00:08:04.2**

 **RUN TO T1**  
**00:01:15.8**

 **BIKE**  
**00:44:35.8**

 **RUN**  
**00:23:16.3**

**CLUB**