



CONGRATULATIONS

Andy Grist

**ON FINISHING THE
Exmouth Sprint Triathlon**

IN A TIME OF : 01:11:41.2

**OVERALL FINISH PLACE
7 of 215**

GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE
Male 7 of 136 MV40 2 of 40

**RACE DATE
19/05/2019**

 **SWIM**
00:06:46.5

 **RUN TO T1**
00:01:02.5

 **BIKE**
00:40:30.4

 **RUN**
00:22:10.7

CLUB

Exmouth Cycles