



**CONGRATULATIONS**

**Bethan Silverlock**

**ON FINISHING THE  
Exmouth Sprint Triathlon**

**IN A TIME OF : 00:27:44.8**

**OVERALL FINISH PLACE  
19 of 25**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
**Female 11 of 15 TS1G 11 of 15**

**RACE DATE  
19/05/2019**

 **SWIM**  
**00:03:22.8**

 **RUN TO T1**  
**00:01:21.8**

 **BIKE**  
**00:11:50.5**

 **RUN**  
**00:09:24.7**

**CLUB**