

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

**This is to certify that
James Middleditch
has successfully completed the
2015 Hong Kong ASTC Sprint Triathlon Asian Cup
on 1 November 2015
at Sunny Bay with performance of**

Category:	Male 45-49
Position:	1
Swim Time:	00:13:49
Bike Time:	00:30:36
Run Time:	00:18:02
Total Time:	01:08:27

Fenella Ng

香港三項鐵人總會會長
President, Hong Kong Triathlon Association