

TriHK



TRIATHLON
三項鐵人

香港三項鐵人總會
Hong Kong Triathlon Association

**This is to certify that
Lok Lam Fung
has successfully completed the
2015 Hong Kong ASTC Sprint Triathlon Asian Cup
on 1 November 2015
at Sunny Bay with performance of**

Category:	Male 35-39
Position:	9
Swim Time:	00:14:14
Bike Time:	00:33:42
Run Time:	00:24:06
Total Time:	01:19:07

Fenella Ng

香港三項鐵人總會會長
President, Hong Kong Triathlon Association